My Asthma Diary:						
Answer these questions every day: 1. Did I cough last night? 2. Did I need my quick-relief inhaler? 3. Did I have difficulty with exercise or activity? Use these symbols to record any other symptoms you have been active to be a possible of the property			South Bronx Asthma Partnership BRAP Hebing the South Bronx breathe easy.		Remember to bring this Asthma Diary to your next doctor's appointment! ose Sneezing Itchy Eyes	
Day wheezing	(Night Wheezing	Day Cou		se Runny No	se \(\simeq \sine \text{Sneezing} \)	O lichy Eyes
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I	I	<u></u>			<u> </u>	I
I	l	l	I	l	l	I
I	L	I	<u> </u>		<u></u>	I
I	I	I	I	I	I	I
I	I	I	I	I	I	I